

# BRENDAN'S BELT from Goody Hepzibah's Harvest Tales

design by April Bullard

Cross stitch with yarn on needlepoint canvas. Measure waist. Repeat pattern as needed to length of waist measurement. In the book, Brendan's Belt was black and white. Choose colors as you wish. There are different methods to finish edges, choose your favorite. Measure finished girdle and add 1/2 inch to every side. Cut rectangle of lining fabric. Fold 1/2 inch on every side and applique lining fabric to backside of girdle. Use black or dark border color to make 3 loops on ends of girdle. Use shoelace or ribbon through loops to fasten girdle around your waist either in the back or in the front as you desire.

